

Qualified Extra Support Service (QESS)

Qualified Extra Support Service (QESS) is an additional support service in conjunction with agency home support, home support quarter hour, community supports and work supports; QESS is designed to cover unique medical and behavioral support needs captured within the Supports Intensity Scale (SIS) assessment. This service will be available to members with approval from the Extraordinary Review Committee (ERC). This service will provide support for additional hours of staffing/ staff training to meet a documented extraordinary support need and will be subject to periodic review within a timeframe determined by the ERC. Direct support staff providing this service must meet specific qualifications and requirements. The service being provided is to improve and maintain a member's ability to live as independently as possible in his/her home and community. This service will be a direct support to a member and will include habilitative instruction/training and/or personal assistance with ADL's and IADL's.

Qualifications:

To provide this service a DSP must have the following training/expertise:

- Certificate as a Direct Support Professional (DSP) and has successfully completed the Direct Support Professional Curriculum as adopted by DHHS or DHHS approved Assessment of Prior learning prior to July 1, 2010 or has successfully completed the Maine College of Direct Support.
- A minimum of three (3) years working as a DSP in Home, Community, and Work Supports or a combination of the three
- Behavior Intervention Certification including Physical Intervention component ; for example but not limited to: NAPI, Mandt, CPI
- Positive Behavioral Support training module or similar approved program by Department
- Medication Administration certificate or similar – CRMA, CNA-M, RN, LPN
- MHRT I or completion of equivalent coursework:
 - o Mental Health Support Specialist (MHSS)
 - o DHHS –DLRS approved Behavioral Intervention Training
 - o Cardio Pulmonary Resuscitation (CPR)
 - o First Aid
 - o 40 Hour Certified Residential Medication Aide (CRMA)

Requirements:

- This service is not available to members in shared living or family centered support residential settings.

Revision Date: February 5, 2015

- The staff providing this service cannot be counted towards the staffing ratio for other waiver services.
- This service will only be available to members who need a level of support that exceeds 100% combined staffing expectation in the rate for that residence or program.

Limits/Caps:

Up to 2080 hours a year or 40 hours per week maximum support granted. Level of support is at the discretion and approval of the Extraordinary Support Committee (ERC).